

As a voter in your constituency, I am asking you to promote and/or support action to slow and ultimately reverse UK and global population growth.

Britain, particularly England, is already one of Europe's more densely-populated countries and the Office for National Statistics projects that the UK population will increase by between four million and 20 million by 2050.

Among the consequences of population growth are rising living costs, increased national debt and tensions and declining green space, employment opportunities and quality of life. Population growth means we need ever more housing, power and water infrastructure, transport facilities, hospitals and schools. This comes at a huge cost; meanwhile, our ecosystems and landscape are negatively affected.

Recent polls have shown that 80 per cent of voters are concerned about our population size and would prefer it to be smaller. Population Matters chief executive Simon Ross has said, "The ever-increasing size of the UK population is increasing our cost of living and reducing our quality of life. Population growth is damaging both the environment and national security."

I ask you to support these policies:

1. Make sex and relationships education statutory;
2. Make reducing unplanned pregnancy at all ages a goal;
3. Limit child-related payments or tax reliefs to the first two children per household for children conceived after the policy comes into force, while ensuring that children are protected from poverty;
4. Promote the benefits of small families;
5. Prevent net migration from fuelling national population growth; and
6. Increase the proportion of foreign aid spent on family planning services and women's empowerment.

These policies are detailed in Population Matters' [manifesto](#).

I would appreciate your support, and look forward to hearing from you.